

DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGG	FISH	GLUTEN	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
SNACKS															
Mixed Olives															
<u>little sausage rolls</u>						gluten		milk							sulphur dioxide
<u>3/6 oysters</u>					fish				molluscs						sulphur dioxide
<u>sour dough</u>		rye, barley, oats				wheat, gluten		milk							sulphur dioxide
STARTERS															
Seasonal Soup	celery	rye, barley, oats		eggs		wheat, gluten		milk							sulphur dioxide
haddock goujons				eggs	fish	wheat, gluten				mustard					
devilled crab pate	celery		crustaceans	eggs	fish	wheat, gluten		milk		mustard	tree nuts		sesame		sulphur dioxide
smoked salmon					fish	wheat, gluten		milk							
korean prawns			crustaceans	eggs	fish						tree nuts, walnuts	peanuts	sesame	soya	
korean chicken			crustaceans		fish						tree nuts, walnuts	peanuts	sesame	soya	
vietnamese skewers					fish				molluscs					soya	
veal kidneys		rye, barley, oats		eggs		wheat, gluten		milk		mustard	tree nuts, walnuts		sesame	soya	
cheese fritters				eggs		wheat, gluten		milk							
asparagus				eggs		wheat, gluten									sulphur dioxide
queen scallops				eggs	fish	wheat, gluten		milk	molluscs						
lamb kofta	celery	rye, barley, oats				wheat, gluten		milk		mustard	tree nuts, almonds, cashew, hazelnuts, walnuts, pecan, pistachios, brazil, macadameia		sesame	soya	sulphur dioxide
Squid				eggs	fish	wheat, gluten		milk		mustard					
lettuce rolls	celery							milk	molluscs	mustard	tree nuts, cashew		sesame		sulphur dioxide
Mussels					fish	wheat, gluten		milk	Molluscs						

Courgette & Carrot Fritters						gluten		milk			treenuts	peanuts	sesame	soya	sulphur dioxide
LUNCH															
salmon omelette				eggs	fish			milk							sulphur dioxide
grilled haddock	celery				fish	wheat, gluten		milk							
steak ciabatta		oats, rye, barley		eggs		wheat, gluten		milk			treenuts, walnuts		sesame	soya	sulphur dioxide
soufflé				eggs		wheat, gluten		milk		mustard					sulphur dioxide
asparagus										mustard					sulphur dioxide
tenderstem broc											tree nuts				sulphur dioxide
persian wrap				eggs		wheat, gluten				mustard					sulphur dioxide
Poached egg/salmon		oats, rye, barley		eggs		wheat, gluten		milk			treenuts, walnuts		sesame	soya	sulphur dioxide
Avacado & Poached Egg Ciabatta		oats, rye, barley		eggs		wheat, gluten		milk			treenuts, walnuts		sesame	soya	sulphur dioxide
Mussels					fish	wheat, gluten		milk	Molluscs						
MAINS															
Battered Haddock		barley		eggs	fish	wheat, gluten		milk		mustard					sulphur dioxide
Steak Burger				eggs		wheat, gluten		milk					sesame		
malysian curry	celery		crustaceans		fish	wheat		milk	Molluscs	mustard	treenuts, walnuts	Peanuts	sesame	soya	sulphur dioxide
tofu katsu curry	celery	barley, oats, rye		eggs	fish	wheat, gluten		milk		mustard		peanuts	sesame	soya	sulphur dioxide
goosnargh chicken supreme										mustard					sulphur dioxide
goosnargh Chicken	celery					gluten		milk	Molluscs	mustard	tree nuts, cashew	peanuts	sesame		sulphur dioxide
Pot Pie				eggs		wheat, gluten		milk		mustard					sulphur dioxide
28 Day Dry Aged Beef - Rib Eye															sulphur dioxide
28 Day Dry Aged Beef - Fillet															Sulphur dioxide
rump steak															Sulphur dioxide

tuna steak	celery				fish			milk							
gammon steak	celery			eggs											sulphur dioxide
cheese tart		barley		eggs		wheat		milk			tree nuts, walnuts	peanuts	sesame	soya	sulphur dioxide
fish pie	celery		crustaceans		fish			milk							sulphur dioxide
prawn goan curry			crustaceans		fish	wheat, gluten		milk		mustard	tree nuts	peanuts	sesame	soya	sulphur dioxide
persian cutlets	celery	barley, oats, rye				wheat, gluten		milk		mustard	tree nuts, walnuts, pistachios, pecan, macadameia, hazelnuts, cashewnuts, brazil nuts, almonds	peanuts	Sesame	soya	sulphur dioxide
lamb cutlets										mustard					sulphur dioxide
vegan burger		barley, oats, rye		eggs		wheat, gluten		milk		mustard	tree nuts, walnuts	peanuts	sesame	soya	
Chargrilled Tuna				eggs	fish										sulphur dioxide
Iman Bayaldi	celery	barley, oats, rye				wheat, gluten		milk		mustard	tree nuts	peanuts	sesame	soya	sulphur dioxide
seafood skewer			crustaceans		fish	wheat, gluten					tree nuts	peanuts	sesame	soya	sulphur dioxide
miso aubergine													sesame		sulphur dioxide

SIDES & EXTRAS

Hand Cut Chips															sulphur dioxide
Sea Salt Fries															
Garden Salad	celery														sulphur dioxide
Onion Rings						wheat, gluten									
Seasonal Vegetables	celery									mustard					sulphur dioxide
Creamed Spinach	celery							milk							
Pepper Sauce								milk							
Blue Cheese Sauce								milk							

Garlic & Chilli Prawns			crustaceans					milk							
SUNDAY ROAST				eggs		wheat, gluten		milk		mustard					sulphur dioxide
DESSERTS															
Chocolate & Caramel Truffles						gluten		milk						soya	
Steamed Syrup Sponge						gluten		milk						soya	
Raspberry & Pendle Gin Trifle	celery			eggs		wheat, gluten		milk		mustard	tree nut, almonds	peanuts	sesame	soya	sulphur dioxide
Dark Chocolate Fondant				eggs		wheat, gluten		milk			tree nut, almonds	peanuts	sesame	soya	sulphur dioxide
Praline Profiteroles				eggs		gluten		milk			tree nuts, almonds, brazil, cashew, hazelnut, macadamia, pecan, pistachios, walnuts	peanuts		soya	
Lemon Curd & Gingernut Cheesecake				eggs		wheat, gluten		milk							
Ice Cream Selection						wheat, gluten		milk						soya	sulphur dioxide
Sorbet Selection						gluten		milk							
Cheese Selection						gluten		milk							
KIDS MENU															
Fish Bites				eggs	fish	wheat, gluten				mustard					
Beef Burger				eggs		wheat, gluten		milk							
Fish Pie	celery		crustaceans		fish	gluten		milk							Sulphur dioxide
Omelette				eggs				milk							
Chicken Goujons				eggs		wheat, gluten				mustard					
Sausage & Mash						gluten		milk						soya	sulphur dioxide
Sunday Roast - Beef				eggs		wheat		milk		mustard					sulphur dioxide
Sunday Roast - Chicken				eggs		wheat		milk		mustard					sulphur dioxide

